



Martin G. Myers

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Dr. Myers received his medical degree from the University of Toronto and completed postgraduate training in Internal Medicine and Cardiology in Toronto. He developed an interest in hypertension during a research fellowship in Clinical Pharmacology at the Hammersmith Hospital in London, UK. Dr. Myers has been active in hypertension at both the national and international level. He conceived the Canadian Hypertension Society in 1977 and has been a member of the International Society of Hypertension since 1978. He has been an active participant in the ESH Working Group on BP Monitoring.

Research interests have encompassed a wide

range of topics in both hypertension and cardiology. He was among the first to describe the dose-response characteristics of antihypertensive drugs. He introduced 24-hour ambulatory BP monitoring into Canada in 1985 and in 1991 proposed the concept of white coat effect to describe office-induced hypertension in treated patients. In the last decade, his main research interest has been blood pressure measurement, especially the development of automated office BP a replacement for manual BP measurement in clinical practice. His research has led to the introduction of automated office blood pressure measurement as the preferred technique in hypertension guidelines.