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Mattias Brunström is Assistant Professor of Cardiology at Umeå University in northern Sweden. He is the secretary of the Swedish Society of Hypertension, Stroke and Vascular Medicine, chair of the Swedish Working Group on Hypertension, and was part of the Steering Committee for the 2023 ESH Guidelines for the management of arterial hypertension, responsible for evidence grading. His main research interests are systematic reviews and meta-analyses of blood pressure lowering treatment and cardiovascular risk factor epidemiology, using national and regional registers.