



**Peter M. Nilsson**

– Professor of Clinical Cardiovascular Research  
at the Lund University in Sweden

Peter M. Nilsson is a Professor of Clinical Cardiovascular Research at the Lund University in Sweden. His main area of expertise is cardiovascular and metabolic risk mechanisms. This is especially relevant for studies related to the Early Vascular Aging (EVA) syndrome – a cardiovascular risk syndrome based mainly on the combination of increased arterial stiffness (pulse wave velocity), impaired glucose metabolism, telomere length shortening, and early signs of atherosclerosis (intima media thickness in art. carotis). Another field of interest is the gene-environment interactions behind the development of obesity and type 2 diabetes, but also the study of patients with type 1 diabetes of long duration but escaping major complications (PROLONG study). He has served as Secretary for the European Society of

Hypertension (ESH) and Chair for the Regional Advisory Group (RAG) Europe of the International Society of Hypertension (ISH). Nilsson was Director of a strategic research program for national and international excellence in epidemiological research 2010-2019, linking the Lund and Uppsala universities called “Epidemiology for Health” (EpiHealth), with a long-term financial support by the Swedish Government. Dr Nilsson has a longstanding experience as PI for large-scale population-based screening studies focusing on cardiovascular disease (CVD) and type 2 diabetes, now also in families at risk (Malmö Offspring Study). He has published more than 520 full papers and 140 reviews in peer-reviewed medical journals in English. H-index: 102. e-mail contact: [Peter.Nilsson@med.lu.se](mailto:Peter.Nilsson@med.lu.se)